



ST. JOSEPH'S COLLEGE

AUTONOMOUS

DBT STAR COLLEGE

Re accredited with A++ Grade

DEVAGIRI, CALICUT-673008, KERALA, INDIA

Affiliated to the University of Calicut

Events organised through active clubs and forums 2019-20

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A WORKSHOP ON WASTE MANAGEMENT AND ORGANIC FARMING

PROGRAMME SCHEDULE

Date : 19/08/2019

Time : 10:00 am to 3:00 pm

Venue : Sangham Hall, Vengeri

Prayer :

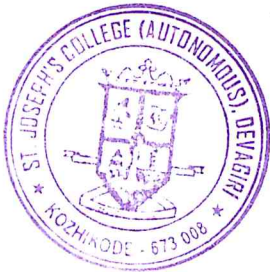
Welcome Speech : Dr. Jisha Jacob, NSS Co-ordinator, St. Joseph's College (Autonomous) Devagiri

Presidential Address : Dr. Jose John Mallikasseri , Principal, St. Joseph's College (Autonomous) Devagiri

Inaugural Address : Dr. Babu Parambath, Niravu Organic Association, Vengeri

Felicitations : Dr. Robin Xavier, Asst. Prof., Dept of English, St. Joseph's College (Autonomous) Devagiri

Vote of Thanks : Dr. Meril Mathew, NSS Co-ordinator, St. Joseph's College (Autonomous) Devagiri



M. Mathew
PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

Report

The **Workshop on Waste Management and Organic Farming**, organized as part of social extension activities, was held on August 19, 2019, at the **Sangham Hall in Vengeri**. This initiative aimed to address critical issues surrounding waste management and promote sustainable agricultural practices in the community.

The event commenced with a prayer. Dr. Jisha Jacob, NSS Coordinator at St. Joseph's College (Autonomous), Devagiri, delivered a warm welcome address, emphasizing the importance of collective action in addressing environmental challenges. Dr. Jose John Mallikasseri, the Principal of St. Joseph's College (Autonomous), Devagiri, delivered a thought-provoking presidential address, underscoring the institution's commitment to fostering sustainable development. Dr. Babu Parambath from Niravu Organic Association, Vengeri, delivered an inaugural address, highlighting the significance of waste management and organic farming in ensuring environmental health and food security. The workshop featured insightful sessions led by Mr. Babu Parambath, an expert from Niravu Organic Association, Vengeri. Participants gained valuable knowledge on waste segregation, composting techniques, and the principles of organic farming. Dr. Robin Xavier, Assistant Professor in the Department of English at St. Joseph's College (Autonomous), Devagiri, extended felicitations, emphasizing the role of education in driving positive change in society.

Dr. Meril Mathew, NSS Coordinator at St. Joseph's College (Autonomous), Devagiri, expressed heartfelt gratitude to all for making the workshop a success. **The event was organized by NSS Unit 16 and 100**, with the aim of benefiting the residents of Vengeri Grama Panchayath and the volunteers of NSS. The workshop received positive feedback from both the residents of Vengeri Grama

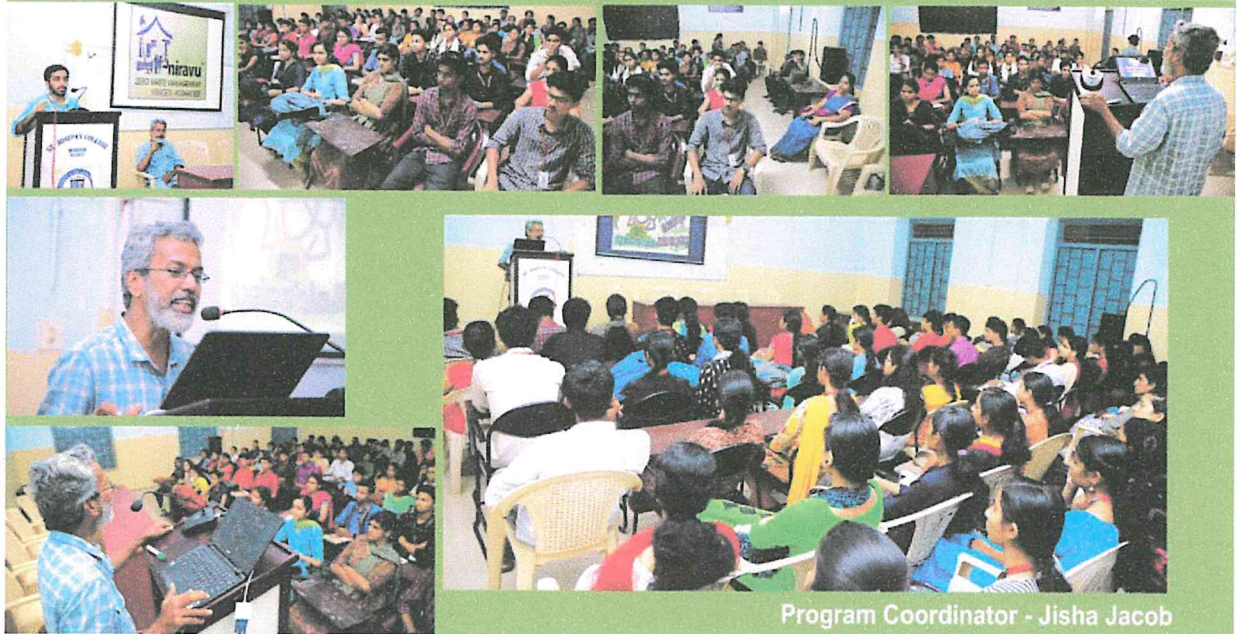


M. Mathew
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Vengeri, Calicut-673 008

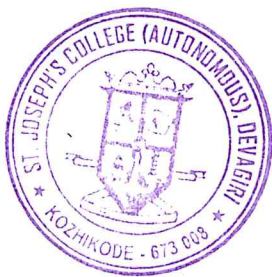
Panchayath and the NSS volunteers. Many noted feeling inspired to implement sustainable solutions within their communities.

NSS-ST.JOSEPH'S COLLEGE DEVAGIRI
TALK ON "WASTE MANAGEMENT & ORGANIC FARMING"
Resource Person: Mr.Babu Niravu,Vengeri
Venue-Seminar Hall

File No:
Date:19-08-19



Program Coordinator - Jisha Jacob



M. Anand
PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

CLEAN BEACH MISSION



ST. JOSEPH'S COLLEGE
(AUTONOMOUS)
DEVAGIRI
Calicut – 673008

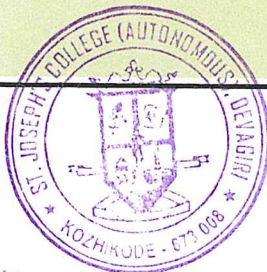
CLEAN BEACH MISSION

Date: 21/09/2019

Time: 3 pm to 7 pm

Venue: Calicut Beach-North

**Inauguration: Mr. Soman P, Ward Councillor
Kozhikode Beach North**



M. Soman P
PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut - 673 008

PROGRAMME SCHEDULE

Date : 21/09/2019

Time : 3 pm to 7 pm

Venue : Calicut Beach-North

Inaugural Ceremony

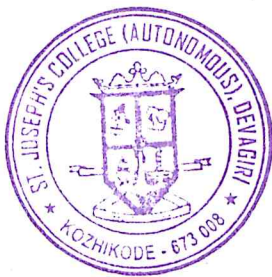
Welcome Speech : Dr. Jisha Jacob, NSS Co-ordinator, St. Joseph's College (Autonomous) Devagiri

Presidential Address : Dr. Jose John Mallikasseri, Principal, St. Joseph's College (Autonomous) Devagiri

Inauguration : Mr. Soman P, Ward Councillor Kozhikode Beach North

Felicitations : Mr. Joice Tom J, Asst. Prof., Dept of Zoology, St. Joseph's College (Autonomous) Devagiri

Vote of Thanks : Dr. Meril Mathew, NSS Co-ordinator, St. Joseph's College (Autonomous) Devagiri

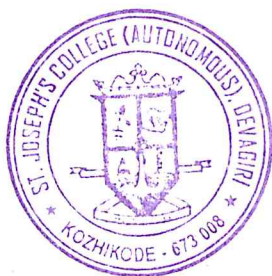


M. Mathew
PRINCIPAL
St. Joseph's College (Autonomous)
Kozhikode - 673 008

Report

The **Clean Beach Mission**, held on September 21, 2019, at Calicut Beach-North, aimed to mobilize communities in the noble endeavor of preserving our coastal ecosystems.

The programme commenced at 3 pm with an inaugural ceremony. Dr. Jisha Jacob, NSS Coordinator at St. Joseph's College (Autonomous), Devagiri, delivered the welcome speech, emphasizing the significance of safeguarding our natural habitats. Following this, Dr. Jose John Mallikasseri, the Principal of St. Joseph's College, delivered a compelling presidential address. The inauguration was graced by Mr. Soman P, Ward Councillor of Kozhikode Beach North, whose presence symbolized the spirit of the Clean Beach Mission. Mr. Joice Tom J, Assistant Professor in the Department of Zoology at St. Joseph's College, offered felicitations, emphasizing the importance of collective action in addressing environmental challenges. Dr. Meril Mathew, NSS Coordinator at St. Joseph's College, concluded the ceremony with a heartfelt vote of thanks, acknowledging the contributions of all participants and stakeholders. **The mission was undertaken by the NSS volunteers.**

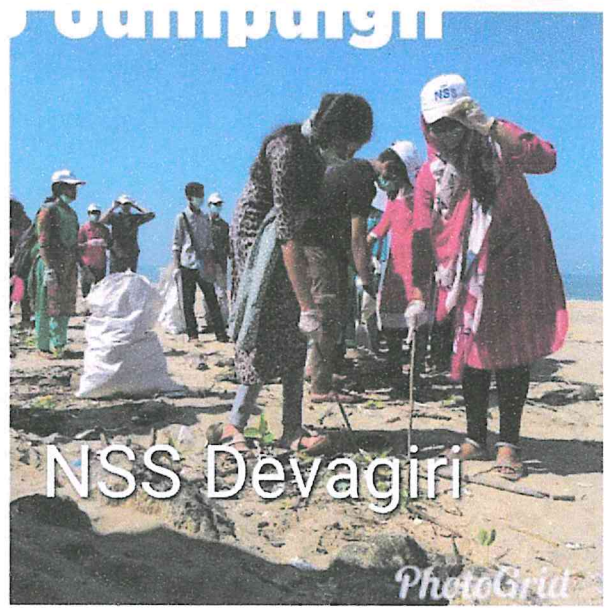


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Devagiri, Calicut-673 008



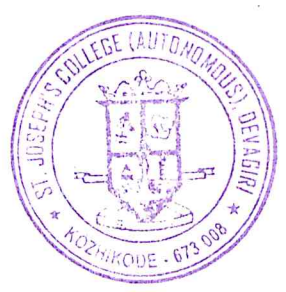
Clean Beach Mission
International coastal
cleanup day 2019

"Clean Sea Campaign"



NSS Devagiri

PhotoGrid



Mr. Name

Principal,
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

AWARENESS RALLY ON GLOBAL CLIMATE
STRIKE



ST. JOSEPH'S COLLEGE
(AUTONOMOUS)
DEVAGIRI
Calicut – 673008

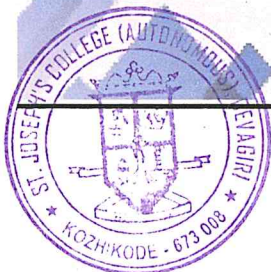
AWARENESS RALLY ON GLOBAL CLIMATE STRIKE

Date: 27/09/2019

Time: 9 am to 2 pm

Venue: Medical College, New Bus stand & Railway Station

Inauguration: Dr. Sudhakar N P, Principal, Calicut Medical College



[Signature]
PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

PROGRAMME SCHEDULE

Date : 27/09/2019

Time : 9 am to 2 pm

Venue : Medical College, New Bus stand & Railway Station

Inauguration

Prayer

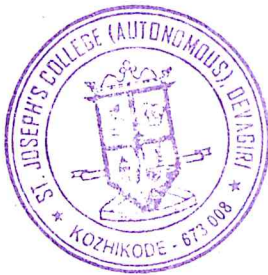
Welcome Speech : Dr. Jisha Jacob, NSS Co-ordinator, St. Joseph's College (Autonomous) Devagiri

Presidential Address : Dr. Jose John Mallikasseri, Principal, St. Joseph's College (Autonomous) Devagiri

Inaugural Address : Dr. Sudhakar N P, Principal, Calicut Medical College

Felicitations : Rev. Fr. Anto N J, Vice Principal, St. Joseph's College (Autonomous) Devagiri

Vote of Thanks : Dr. Meril Mathew, NSS Co-ordinator, St. Joseph's College (Autonomous) Devagiri



M. Mathew
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St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

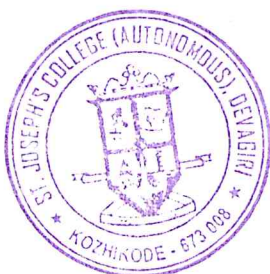
Report

The **Awareness Rally on Global Climate Strike**, held on September 27, 2019, sought to mobilize public consciousness and spur action towards environmental sustainability.

The rally unfolded from 9 am to 2 pm, encompassing strategic locations including the Medical College, New Bus Stand, and Railway Station. Commencing with an inauguration ceremony, the event invoked a spirit of unity and purpose in combating climate change. A prayer invoked blessings for the success of the rally.

Dr. Jisha Jacob, NSS Coordinator at St. Joseph's College (Autonomous), Devagiri, delivered the welcome speech, emphasizing the pivotal role of collective action in addressing environmental challenges. Dr. Jose John Mallikasseri, the Principal of St. Joseph's College, delivered the presidential address. The address by Dr. Sudhakar N P, Principal of Calicut Medical College, urged for concerted efforts in preserving our planet for future generations. Rev. Fr. Anto N J, Vice Principal of St. Joseph's College, extended felicitations.

Organized jointly by NSS Unit 16 and 100, the rally saw active participation from 72 NSS volunteers.



M. N. N.
PRINCIPAL
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Devagiri, Calicut-673 008

ST. JOSEPH'S COLLEGE DEVAGIRI, DEPT. - NSS
GLOBAL CLIMATE STRIKE AWARENESS RALLY
 VENUE-College Portico-Medical College Junction

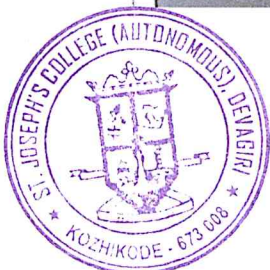
File No:
 Date: 27-09-19



Program Coordinator-Dr.Jisha Jacob



ദേവഗിരി സെന്റ് ജോസഫ്സ് കോളേജ് എൻഎസ്എസ് യൂണിറ്റ് ആഗോള കാലാവസ്ഥാ പ്രക്ഷോഭത്തിന് പിന്തുണയർപ്പിച്ച് സംഘടിപ്പിച്ച റാലി. പരിസ്ഥിതി സംരക്ഷണത്തിന്റെയും കാലാവസ്ഥാ പ്രക്ഷോഭത്തിന്റെയും സന്ദേശങ്ങൾ പകർന്നുകൊണ്ട് ഒന്നും രണ്ടും വർഷ എൻഎസ്എസ് വിദ്യാർത്ഥികൾ അണിനിരന്ന റാലിക്ക് പ്രോഗ്രാം ഓഫീസർമാരായ ഡോ. രഞ്ജിത്ത് ടി.ടോം, ഡോ. മെറിൽ മാത്യു, ഡോ. ജിഷ ജേക്കബ് എന്നിവർ നേതൃത്വം നൽകി.



M. Anwar
PRINCIPAL
 St. Joseph's College (Autonomous)
 Devagiri, Calicut-673 008

SWATCHATHA PAKEDA CLEANLINESS
AWARENESS



ST. JOSEPH'S COLLEGE
(AUTONOMOUS)
DEVAGIRI
Calicut – 673008

WOMEN'S WELFARE COUNCIL

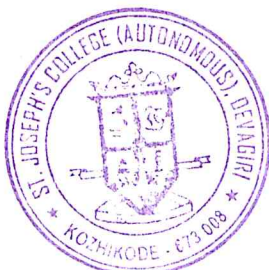
SWATCHATHA PAKEDA CLEANLINESS AWARENESS

Date: 28/09/2019

Time: 3 pm to 7 pm

Venue: Calicut Beach

Inauguration: Dr. Jose John Mallikasseri, Principal
St. Joseph's College (Autonomous) Devagiri



Dr. Jose John Mallikasseri
PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

PROGRAMME SCHEDULE

Date : 28/09/2019

Time : 3 pm to 7 pm

Venue : Calicut Beach

Welcome Speech : Captain. Binoy Varakil, NCC Army Co-ordinator,

St. Joseph's College (Autonomous) Devagiri

Inaugural Address : Dr. Jose John Mallikasseri, Principal,

St. Joseph's College (Autonomous) Devagiri

Felicitations : Lt. Cdr. Dr. P A Devasia, NCC Naval Wing,

St. Joseph's College (Autonomous) Devagiri

Vote of Thanks : Mr. Rohan S Nair, Student Representative



M. Nair
PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

Report

The **Swatchatha Pakeda Cleanliness Awareness programme**, held on September 28, 2019, at Calicut Beach, by the **NCC Naval Wing** of St. Joseph's College (Autonomous), Devagiri, aimed to instill a sense of responsibility and awareness among participants towards maintaining cleanliness in public spaces.

The programme commenced with a warm welcome by Captain Binoy Varakil, NCC Army Coordinator at St. Joseph's College. Dr. Jose John Mallikasseri, the Principal of St. Joseph's College, delivered an inspiring inaugural address, emphasizing the pivotal role of community participation in preserving our natural surroundings. Lt. Cdr. Dr. P A Devasia, representing the NCC Naval Wing of St. Joseph's College, extended felicitations, underscoring the significance of collective action in fostering a culture of cleanliness and sustainability. His words resonated with the **26 NCC Volunteers** present, who actively participated in the awareness programme. The Vote of Thanks was delivered by Mr. Rohan S Nair, Student Representative

Reflecting on the event, participants appreciated the opportunity to participate in this noble cause and pledged to continue their efforts in promoting cleanliness within their communities.



A handwritten signature in green ink, appearing to be "M. Nair", written over a horizontal line.

PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

ST. JOSEPH'S COLLEGE DEVAGIRI, DEPT.- NCC-ARMY
SWACHTA PAKEDA CLEANLINESS AWARENESS

File No:
Date: 28-09-19

CHIEF GUEST-Dr. JOSE JOHN MALLIKASSERY
VENUE-RALLY FROM IN FRONT OF THE COLLEGE



M. M. M.

PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

SWATCHADHA PAKEDA RALLY & ACTIVITIES



ST. JOSEPH'S COLLEGE
(AUTONOMOUS)
DEVAGIRI
Calicut – 673008

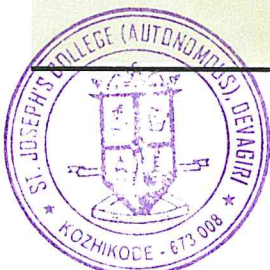
SWATCHADHA PAKEDA RALLY & ACTIVITIES


Date: 02/10/2019

Time: 10 am to 2 pm

Venue: Kozhikode Corporation Road

Inauguration: Mr. Soman K P, Ward Councillor
Kozhikode Corporation




PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

PROGRAMME SCHEDULE

Date : 02/10/2019

Time : 10 am to 2 pm

Venue : Kozhikode Corporation Road

Welcome Speech : Lt. Cdr. Dr. P A Devasia, NCC Naval Wing,

St. Joseph's College (Autonomous) Devagiri

Presidential Address : Dr. Jose John Mallikasseri, Principal,

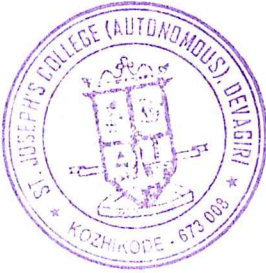
St. Joseph's College (Autonomous) Devagiri

Inaugural Address : Mr. Soman K P, Ward Councillor, Kozhikode Corporation

Félicitations : Captain. Binoy Varakil, NCC Army Co-ordinator,

St. Joseph's College (Autonomous) Devagiri

Vote of Thanks : Mr. Sreeshanth U N, Student Representative



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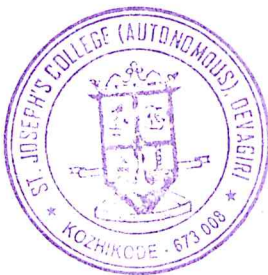
PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

Report

The **Swatchadh Pakeda Rally & Activities**, organized as part of social extension efforts, epitomized the commitment of St. Joseph's College (Autonomous), Devagiri, towards fostering a cleaner and greener environment. Held on October 2, 2019, along Kozhikode Corporation Road, the event aimed to mobilize community participation in initiatives promoting cleanliness and sustainability.

The programme commenced with a warm welcome extended by Lt. Cdr. Dr. P A Devasia from the NCC Naval Wing at St. Joseph's College. Dr. Jose John Mallikasseri, the esteemed Principal of the college, delivered the presidential address. Mr. Soman K P, Ward Councillor of Kozhikode Corporation, graced the occasion with an inaugural address, highlighting the significance of grassroots initiatives in realizing the vision of a cleaner city. Captain Binoy Varakil, NCC Army Coordinator at St. Joseph's College, offered felicitations, emphasizing the importance of collaborative efforts in community development.

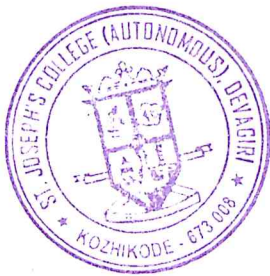
The event saw active participation from **21 NCC Navy Volunteers**, who enthusiastically engaged in various cleanliness drives and awareness activities along the Corporation Road. Their dedication and zeal exemplified the spirit of service and citizenship ingrained within them through their association with the NCC Naval Wing. As the day concluded, Mr. Sreeshanth U N, representing the student body, expressed heartfelt gratitude to all participants for their contributions towards making the event a resounding success.



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St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

ST. JOSEPH'S COLLEGE DEVAGIRI
SWACHHTA PAKHWADA RALLY & ACTIVITIES
2nd Oct: 2019

File No:
Date: 02-10-19



M. M. M.

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St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

A HELPING HAND TO GOVT MENTAL HOSPITAL,
CALICUT



ST. JOSEPH'S COLLEGE
(AUTONOMOUS)
DEVAGIRI
Calicut – 673008

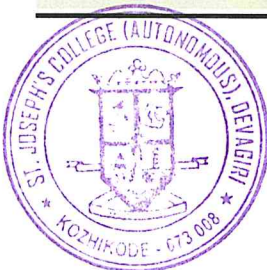
**A HELPING HAND TO GOVT MENTAL
HOSPITAL, CALICUT**

Date: 24/11/2019

Time: 9:00 am to 5:00 pm

Venue: Govt. Mental Hospital, Calicut

Inauguration: Group Commander Brigadier, A Y Rajan



M. Manu

PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

PROGRAMME SCHEDULE

Date : 24/11/2019

Time : 9:00 am to 5:00 pm

Venue : Govt. Mental Hospital, Calicut

Welcome Speech : Capt. Binoy Varakil, NCC Co-ordinator,

St. Joseph's College (Autonomous) Devagiri

Presidential Address : Dr. Unnikrishnan ,RMO, Govt. Mental Hospital,
Calicut

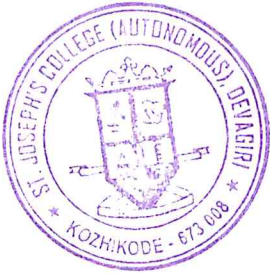
Inauguration : Group Commander Brigadier, A Y Rajan

Félicitations : Rev. Fr. Anto N J, Vice Principal,

St. Joseph's College (Autonomous) Devagiri

Vote of Thanks : Mr. Gautham Shekar, Student Representative

Aim : Cleaning Govt. Mental Hospital, Calicut and Distribution of FM Radio
& Sound System

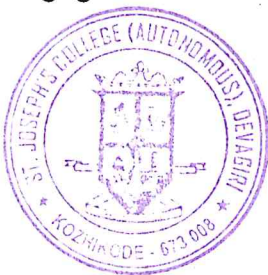


PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

Report

"A Helping Hand to Govt Mental Hospital, Calicut" was a Social Extension programme organized by the NCC Army Wing of St. Joseph's College (Autonomous), Devagiri. This initiative aimed to extend support to the inmates of the Government Mental Hospital.

The programme took place on November 24, 2019, at the Government Mental Hospital in Calicut. Capt. Binoy Varakil, NCC Coordinator of St. Joseph's College, delivered a warm welcome address, setting the tone for a day of meaningful service. Dr. Unnikrishnan, Resident Medical Officer of the hospital, delivered the presidential address. The inauguration was graced by Group Commander Brigadier A Y Rajan, whose presence added a sense of honor and significance to the event. Rev. Fr. Anto N J, Vice Principal of St. Joseph's College, extended felicitations, emphasizing the institution's commitment to community welfare. The core activities of the programme included cleaning the premises of the Government Mental Hospital, Calicut, and the distribution of FM radios and sound systems to enhance the recreational facilities for the inmates. A team of 24 NCC cadets actively participated in these endeavors, embodying the spirit of service and compassion. The individuals at the Government Mental Hospital expressed their gratitude for the support and companionship provided by the NCC cadets. Their heartfelt appreciation served as a testament to the positive impact of the programme, reinforcing the importance of continued engagement and advocacy for mental health initiatives.



PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

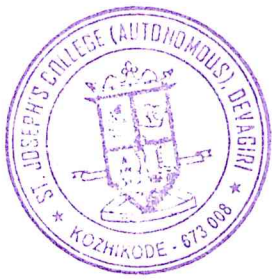


ST. JOSEPH'S COLLEGE DEVAGIRI
NCC Day 2019 Social service - NCC army cadets
Venue: Govt mental hospital kuthiravattam



M. Anwar

PRINCIPAL
St. Joseph's College (Autonomous)
 Devagiri, Calicut-673 008



M. Anwar

PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

**CLEANING OF SHANTHINAGAR COLONY AND
KONAD BEACH**



**ST. JOSEPH'S COLLEGE
(AUTONOMOUS)
DEVAGIRI
Calicut – 673008**

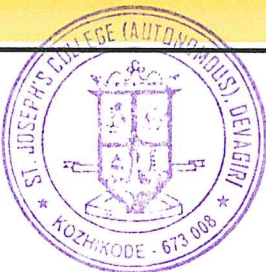
**CLEANING OF SHANTHINAGAR COLONY
AND KONAD BEACH**

Date: 21/12/2019 to 26/12/2019

Time: 9 am to 12 pm

Venue: Shanthinagar Colony & Konad Beach

Inauguration: Mr. Babu Parambath, Niravu Association, Vengeri



M. M. M.

PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

PROGRAMME SCHEDULE

Date : 21/12/2019 to 26/12/2019
pm

Time : 9 am to 12

Venue : Shanthinagar Colony & Konad Beach

Prayer

Welcome Speech : Dr. Jisha Jacob, NSS Co-ordinator,

St. Joseph's College (Autonomous) Devagiri

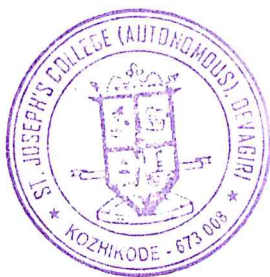
Presidential Address : Dr. Jose John Mallikasseri, Principal,

St. Joseph's College (Autonomous) Devagiri

Inaugural Address : Mr. Babu Parambath, Niravu Association, Vengeri

Félicitations : Dr. Renjis T Tom, Asst. Prof., Dept of Chemistry

Vote of Thanks : Dr. Meril Mathew, Asst. Prof., Dept of Physics



M. Mathew
PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

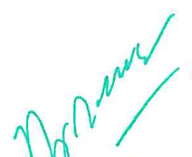
Report

The endeavor to **clean Shanthinagar Colony and Konad Beach**, orchestrated as a Social Extension programme, epitomizes the spirit of community service and environmental stewardship. From December 21 to December 26, 2019, from 9 am to 12 pm each day, the initiative brought together **92 dedicated NSS volunteers under the auspices of NSS Unit 16 & 100** from St. Joseph's College (Autonomous), Devagiri.

The programme commenced with a prayer. Dr. Jisha Jacob, NSS Coordinator at St. Joseph's College, extended a warm welcome. The significance of the endeavor was further underscored by Dr. Jose John Mallikasseri, the Principal of St. Joseph's College, in his presidential address. His words resonated with Mr. Babu Parambath from Niravu Association, Vengeri, who delivered an inaugural address, commending the collaborative efforts in promoting environmental consciousness and civic responsibility. Dr. Renjis T Tom, Assistant Professor in the Department of Chemistry, felicitated the participants, acknowledging their dedication and commitment towards the cause. Finally, Dr. Meril Mathew, Assistant Professor in the Department of Physics, delivered a vote of thanks, expressing gratitude to all stakeholders for their invaluable contributions.

The core objective of the programme was twofold: to undertake the cleaning of Shanthinagar Colony and Konad Beach in association with Niravu Organisation, Vengeri, and to conduct a survey of 330 households in the locality. The efforts of the 92 NSS volunteers, in collaboration with local organizations, significantly contributed to the cleanliness drive and community engagement.




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ശാന്തിനഗർ കോളനിയെ നവീകരിച്ച് വിദ്യാർത്ഥികൾ

▶ ശാന്തിനഗർ കോളനിയെ പ്ലാസ്റ്റിക് മൂകതമാക്കി, വെസ്റ്റ് ഹിൽ പുവർ ഹോമിൽ ശുചീകരിച്ച് ദേവഗിരി സെയ്ന്റ് ജോസഫ്സ് കോളേജിലെ എൻ.എസ്.എസ്. വൊളന്റിയർമാർ.

ശാന്തിനഗർ കോളനിയിലെ 330 വീടുകളിൽ വേങ്ങേരി നിറവിന്റെ സഹകരണത്തോടെ സർവ്വേ നടത്തി. ലഹരിബോധവൽക്കരണ ക്ലാസ് കോർപ്പറേഷൻ ആരോഗ്യ സ്ഥിരംസമിതി അധ്യക്ഷൻ കെ.വി. ബാബുരാജ് ഉദ്ഘാടനം ചെയ്തു. പ്രമേഹരോഗനിർണ്ണയ ക്യാമ്പും നടത്തി. അങ്കണവാടിച്ചുവരിൽ ചിത്രങ്ങൾ വരച്ചു.

വെസ്റ്റ് ഹിൽ പുവർഹോമിൽ നടത്തിയ ശുചീകരണം മേയർ തോട്ടത്തിൽ രവീന്ദ്രൻ ഉദ്ഘാടനം ചെയ്തു. അനാഥമന്ദിരം സമാജം പ്രസിഡൻ്റ് ടി.പി.എം. സാഹിർ അധ്യക്ഷനായി. വിവിധ പരിപാടികളിൽ കൗൺസിലർമാരായ ആശാ ശശാങ്കൻ, ആയിഷാബി, സമാജം സെക്രട്ടറി കാരാട്ട് വത്സരാജ്, ഡോ. ജോ ജോർജ് തുടങ്ങിയവർ സംസാരിച്ചു. ക്യാമ്പിന് പ്രോഗ്രാം ഓഫീസർമാരായ ഡോ. രഞ്ജിൻ ടി. ടോം, ഡോ. മെറിൽ മാത്യു, ഡോ. ജിഷാ ജേക്കബ് എന്നിവർ നേതൃത്വം നൽകി.



▶ ശാന്തിനഗർ കോളനിയിലെ അങ്കണവാടിക്ക് കുട്ടികൾ നിറം നൽകുന്നു

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M. Anwar
PRINCIPAL
 St. Joseph's College (Autonomous)
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YOGA TRAINING FOR NSS VOLUNTEERS



ST. JOSEPH'S COLLEGE
(AUTONOMOUS)
DEVAGIRI
Calicut – 673008

YOGA TRAINING FOR NSS VOLUNTEERS

Date: 20/06/2019 & 22/06/2019

Time: 3 pm to 5 pm

Venue: Open Auditorium

Inauguration: Rev. Fr. Joseph Paikada
Manager, Devagiri Institutions



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St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

PROGRAMME SCHEDULE

Date : 20/06/2019 & 22/06/2019

Time : 3 pm to 5 pm

Venue : Open Auditorium

Prayer :

Welcome Speech : Dr. Jisha Jacob, NSS Co-ordinator,

St. Joseph's College (Autonomous) Devagiri

Presidential Address : Dr. Jose John Mallikasseri , Principal,

St. Joseph's College (Autonomous) Devagiri

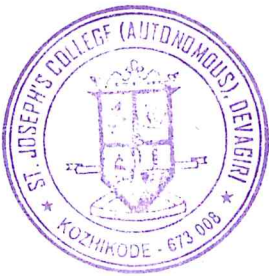
Inaugural Address : Rev. Fr. Joseph Paikada, Manager, Devagiri Institutions

Felicitations : Rev. Fr. Anto N J, Vice Principal,

St. Joseph's College (Autonomous) Devagiri

Vote of Thanks : Ms. Meril Mathew, Asst. Prof,

St. Joseph's College (Autonomous) Devagiri



PRINCIPAL

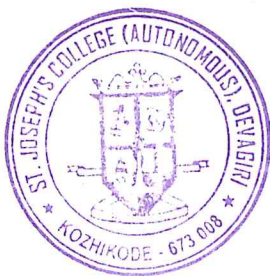
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

Report

Yoga, an ancient practice originating from India, embodies a holistic approach to wellness, encompassing physical, mental, and spiritual well-being. Recognizing its profound benefits, **the National Service Scheme (NSS) organized a Yoga Training Programme** for its volunteers at St. Joseph's College (Autonomous), Devagiri. Held on June 20 and June 22, 2019, at the Open Auditorium, this initiative aimed to equip NSS volunteers with invaluable life skills through the practice of yoga.

The programme commenced with a prayer. Dr. Jisha Jacob, NSS Coordinator at St. Joseph's College, extended a warm welcome, emphasizing the transformative potential of yoga in nurturing both physical and mental well-being. The event featured an inaugural address by Rev. Fr. Anto N J, Vice Principal of St. Joseph's College, who commended the initiative for its emphasis on self-care and personal growth. Dr. Jose John Mallikasseri, the Principal of St. Joseph's College, delivered the presidential address, highlighting the intrinsic connection between yoga and holistic living. His words resonated with Rev. Fr. Joseph Paikada, the Manager of Devagiri Institutions, who underscored the importance of integrating yoga into daily life for enhanced vitality and resilience.

Mr. Bony Augustine, Assistant Professor in the Department of Physical Education, served as the resource person, guiding participants through various yoga postures and breathing techniques aimed at fostering physical flexibility, mental clarity, and emotional balance. The beneficiaries of the Yoga Training Programme were the 100 volunteers of NSS Unit 16. They expressed gratitude for the opportunity to explore the transformative power of yoga. They noted improvements in their mindfulness, reduced stress levels, and heightened energy levels as immediate benefits.



Mr. Bony Augustine
Principal
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

**ST.JOSEPH'S COLLEGE,DEVAGIRI
YOGA TRAINING FOR NSS VOLUNTEERS**

File No:
Date:20-6-19



M. Anand

PRINCIPAL

St. Joseph's College (Autonomous),
Devagiri, Calicut-673 008

SANITARY NAPKIN MAKING-TRAINING



ST. JOSEPH'S COLLEGE
(AUTONOMOUS)
DEVAGIRI
Calicut – 673008

SANITARY NAPKIN MAKING-TRAINING

Date: 18/12/2019

Time: 9 am to 3 pm

Venue: Seminar Hall

Inauguration: Ms. Sugandhi N K, Trainer, VMS Center



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Devagiri, Calicut-673 008

PROGRAMME SCHEDULE

Date : 18/12/2019

Time : 9 am to 3 pm

Venue : Seminar Hall

Prayer

Welcome Speech : Ms. Aswathy P, Asst. Prof., Dept of Zoology

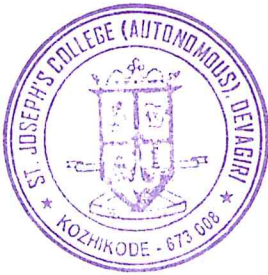
Presidential Address : Dr. Jose John Mallikasseri, Principal,

St. Joseph's College (Autonomous) Devagiri

Inauguration : Ms. Sugandhi N K, Trainer, VMS Center

Félicitations : Dr. Jisha Jacob, Asst Prof., Dept of Zoology

Vote of Thanks : Ms. Sangeetha M V, Asst. Prof., Dept of Mathematics




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Report

The **Sanitary Napkin Making Training**, held on December 18, 2019, at the Seminar Hall of St. Joseph's College (Autonomous), Devagiri commenced with a solemn prayer, the event set a tone of reverence. Ms. Aswathy P, Assistant Professor in the Department of Zoology, extended a warm welcome, emphasizing the significance of equipping participants with the skills necessary for promoting women's health and well-being. Dr. Jose John Mallikasseri, the Principal of St. Joseph's College, delivered a thought-provoking presidential address, affirming the college's commitment to fostering initiatives that promote gender equality and women's empowerment. The inauguration by Ms. Sugandhi N K, a seasoned trainer from the VMS Center, marked the formal commencement of the training, symbolizing a collective endeavor towards societal progress. Dr. Jisha Jacob, Assistant Professor in the Department of Zoology, extended felicitations, emphasizing the transformative potential of skill development in enhancing livelihood opportunities and promoting sustainable development. Ms. Sangeetha M V, Assistant Professor in the Department of Mathematics, delivered a heartfelt vote of thanks, acknowledging the collective efforts of all in making the training programme a resounding success.

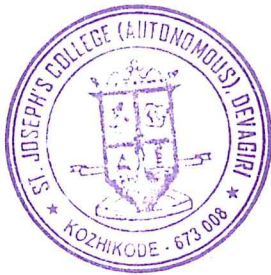
The participants, comprising volunteers of the Women's Welfare Council, numbering 32, expressed profound gratitude for the invaluable insights gained during the training.




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ST. JOSEPH'S COLLEGE DEVAGIRI, WOMEN WELFARE COUNCIL
TRAINING PROGRAMME ON SANITARY NAPKIN MAKING
VENUE- SEMINAR HALL

Date:18-12-19



Dr. Aswathi P
PRINCIPAL
St. Joseph's College (Autonomous)
Devagiri, Calicut-673 008

ORIENTATION PROGRAMME FOR NSS
VOLUNTEERS



ST. JOSEPH'S COLLEGE
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DEVAGIRI
Calicut – 673008

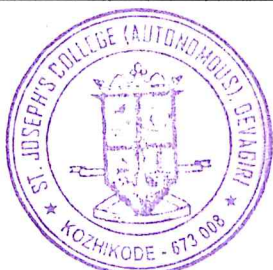
ORIENTATION PROGRAMME FOR
NSS VOLUNTEERS

Date: 29/11/2019

Time: 9:00 am to 4:00 pm

Venue: PTA Hall

Inauguration: Mr. Robin Xavier, Asst. Prof., Dept of English
St. Joseph's College (Autonomous) Devagiri



Mr. Robin Xavier

PROGRAMME SCHEDULE

Date : 29/11/2019

Time : 9:00 am to 4:00 pm

Venue : PTA Hall

Prayer

Welcome Speech : Dr. Jisha Jacob, Asst. Prof.,

St. Joseph's College (Autonomous) Devagiri

Presidential Address : Mr. Jose John Mallikasseri, Principal,

St. Joseph's College (Autonomous) Devagiri

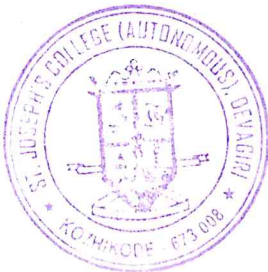
Inaugural Address : Mr. Robin Xavier, Asst. Prof., Dept of English,

St. Joseph's College (Autonomous) Devagiri

Félicitations : Dr. Renjis T Tom, Asst. Prof., Dept of Chemistry

Vote of Thanks : Dr. Meril Mathew, Asst. Prof, Dept of Physics,

St. Joseph's College (Autonomous) Devagiri



Meril Mathew

Report

The **Orientation Programme for NSS Volunteers** held on November 29, 2019, at the PTA Hall of St. Joseph's College (Autonomous), Devagiri by the National Service Scheme (NSS), aimed to orient and empower the **volunteers of NSS Unit 16 & 100**, St. Joseph's College, Devagiri.

The day commenced with a solemn prayer, setting a contemplative tone for the proceedings. Dr. Jisha Jacob, Assistant Professor at St. Joseph's College (Autonomous), Devagiri, extended a warm welcome. Mr. Jose John Mallikasseri, the Principal of St. Joseph's College, delivered a thought-provoking presidential address, underscoring the pivotal role of NSS in fostering social responsibility and community engagement. This sentiment was echoed by Mr. Robin Xavier, Assistant Professor in the Department of English, in his inaugural address. Dr. Renjis T Tom, Assistant Professor in the Department of Chemistry, extended felicitations, commending the volunteers for their commitment to service and altruism. The programme concluded with a vote of thanks delivered by Dr. Meril Mathew, Assistant Professor in the Department of Physics.

The Orientation Programme for NSS Volunteers served as a transformative platform for fostering a spirit of service and social responsibility among the participants. Through engaging activities and insightful discussions, it empowered them to become catalysts for positive change in society.



Meril Mathew

ORIENTATION PROGRAMME FOR NSS VOLUNTEERS -

29/11/2019



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